



EXCHANGE

THE EXCHANGE CLUB OF CARLISLE, PA

Carlisle Exchangite November 2023

Exchange Club of Carlisle

Club Officers

President

Susan Murray

President-Elect

Vacant

Secretary

John Murray

Treasurer

Bob Beard

Immediate

Past President

Terry Young

Directors

Ken Stoltz

Barrie Zais

Dennis Nielsen

Lee DeVenney

Bob Taylor

Communications Director

Susan Murray

jdmii@pa.net

Webmaster

John Murray

Photographers

Anne Wood

Bill Yufer



Find us on Facebook:

Exchange Club of Carlisle, Pennsylvania

www.ExchangeClubofCarlisle.org

www.NationalExchangeClub.org

P.O. Box 1037
Carlisle, PA 17013-6037



Bill Yufer, Barrie Zais, Jean Yufer, Dennis Nielsen, Terry Young, Susan Murray, John Murray and Bob Taylor



John Murray and Bill Yufer



Dennis Nielsen and Bill Yufer

Day of Service

For our National Day of Service this year, the club coordinated with the Carlisle Housing Authority/Cumberland County Housing Authority to clean up and make some repairs at the Authority's K Street Playground. Club members trimmed trees and brush to include those encroaching on the basketball court. We replaced the nets on the two basketball goals with new nets and trimmed up the loose plastic on the playground steps to make them safer. Finally, we noticed a swing missing and coordinated with the Authority purchase and to replace the swing at the club's expense. The club volunteers were Bill & Jean Yufer, John & Susan Murray, Barrie Zais, Dennis Nielsen, Terry Young, and Bob Taylor.



John Wain, Bill Yufer, Jean Yufer, and Barb Wohlgeomuth



Susan Murray and Diane Blitz



John Wain passing out candy



Barb Wohlgeomuth passing out candy

Spooky Saturday in Downtown Carlisle

The Exchange Club of Carlisle hosted a station on Hanover Street for the 13th Annual Spooky Saturday event in Downtown Carlisle on October 21, 2023 from 12:00 - 3:00. We gave out candy to about 850 children. There were some amazing costumes this year. A thank you goes out to Georgie Lou's Retro Candy for organizing this wonderful event. The volunteers were John & Susan Murray, Bill & Jean Yufer, Barb Wohlgeomuth, John Wain and Diane Blitz.

Legacy of the Year Award

Graduating Child, Grandchild, or Great-Grandchild of Members

National Exchange Club's Legacy of the Year Award

The National Exchange Club's Legacy of the Year Award recognizes high school students who are children, grandchildren, and great-grandchildren of Exchange Club members. Candidates also display exceptional community involvement and leadership skills. This program rewards outstanding young people and provides incentives for others to serve their country and communities. Legacy of the Year Award candidates submit applications directly to Exchange's National Headquarters using the online application. General information is attached to this newsletter.



Tim Settlemyer and District President Clint Wright

District Conference

Our newest member Tim Settlemyer, from Community CARES in Carlisle, PA, did an outstanding job as the Keynote speaker at the Exchange Club's Mid-Atlantic District Fall Convention. Community Cares is an amazing organization helping the homeless and helping prevent some from becoming homeless.

Meetings



Katrina Thoma

October 10, 2023

At the 10/10/2023 meeting at Cumberland Crossings, Katrina Thoma, RN MSN, Director of Medical Services at Sadler Health Services in Carlisle, PA gave an overview about their pediatric programs. Sadler participates in many programs targeted to meet needs for children including: Early and Periodic Screening, Diagnosis and Treatment (EPSDT); Pennsylvania Vaccines for Children; and Reach Out & Read Program (with the United Way & Harrisburg Literacy Council). The children love picking out books after their appointments which helps them look forward to coming back and encourages them to read.

October 24, 2023

At the 10/24/2023 meeting, the first speaker was Jason Maddux, the president of the Carlisle Kiwanis Club, who gave an overview of their club. This club is known for selling tons of **blueberries** every year.

The second speaker was Michael Cornfield, the chair of the project group that worked on the rebuilding of the playground at Letort Park. The original Fort Letort playground was built 30 years ago in 1993 with a life expectancy of 20 years, and it had been requiring a great deal of expensive annual maintenance. The Carlisle Kiwanis Club coordinated the building of an awesome new playground that is much bigger, safer and ADA compliant for their club's 100-year anniversary project.



*President Susan Murray, Michael Cornfield, and
Kiwanis President Jason Maddux*

Participation Opportunities

Nov 11 (Sat) 5:00 pm - Flags on the Square retrieval for Veteran's Day



- 5:00 pm - Meet across the street from Market Cross Pub
- Retrieve, roll up, and store all the flags in the room
- **Girl Scouts** will be assisting the club
- POC: Bob Taylor (taylorrh@pa.net or 717-440-4168)



Nov 14 (Tue) - Regular Meeting at Miseno's II Pizzeria & Italian

- 6:00 pm - Social Time - order dinner when arriving in the meeting room
- 6:45 pm - Dinner
- 7:15 pm - Short Business Meeting
- * Cumberland Crossings is not available this day due to another event

Door prizes will be given away.

Dec 3 (Sun) - Children's Christmas Party

- 12:00 PM - 4:00 PM at St. John's Episcopal Church
- Schedule is attached to the newsletter
- POC: Jody Nielsen (jlnielsen0808@gmail.com / 717-669-4705)

Sign-up sheet is attached

Dec 8 (Fri) - Exchange Club Christmas Party



- 6:00 PM – Social Time
- 6:30 PM - Dinner followed by the Exchange of Decade Recognition
- Location: Carlisle Country Club (1242 Harrisburg Pike, Carlisle)
- Cost is \$36 per Person
- RSVP by Dec 1st to Bob Beard with meal selection by mail or online
- RSVP Online: <https://www.zeffy.com/en-US/ticketing/9c1c2447-6668-4e10-9830-2ac5147e88cb>
- POC: Bob Taylor (taylorrh@pa.net / 717-440-4168)

Party invitation is attached.

Dec 12 (Tue) - Salvation Army Bell Ringing

- 9:00 am - 9:00 pm (Barrie will sending out Sign-up sheet)
- Karn's Foods - located at 1706 Spring Road, Carlisle
- POC: Barrie Zais (zaisb@comcast.net / 717-258-3061 or)



**VOLUNTEER
BELL RINGERS
NEEDED!**
Ring a bell...help change a life

Bell Ringing Sign-up sheet coming soon

Mark Your Calendars

- Nov 11 (Sat) 4:30 pm - Flag class for local Girl Scouts
- Nov 11 (Sat) 5:00 pm - Flags on the Square retrieval for Veteran's Day
- Nov 14 (Tue) 6:00 pm - Meeting at Miseno's II
- Nov 16 (Thu) 2:00 pm - Board meeting at Miseno's II (NEW DATE due to Thanksgiving the following week)
- Nov 28 (Tue) - No Meeting - too close to Thanksgiving
- Dec 3 (Sun) - Children's Christmas Party
- Dec 8 (Fri) - Member Christmas Party at the Carlisle County Club
- Dec 12 (Tue) - Salvation Army Bell Ringing at Spring Road Karns in Carlisle
- Dec 12 (Tue) - No Meeting
- Dec 19 (Tue) 2:00 pm - Board meeting at Miseno's II
- Dec 26 (Tue) - No Meeting

Our Report Card at National (Patches and Stars)

Details	Americanism	Prevention of Child Abuse	Youth Program	Community Service	Project Subtotal	Project Fundraising	Grand Total
# of Programs entered	1 -July 4 th Flags	0	1 -SPY Support	4 -Labor Day Coffee Break -Letort backpack -Holly Fest Craft -Spooky Saturday	6	1 -Fall Car Parking	7
Award - Patch Sent	1	0	1	1	3	1	4
Awards - Addl Stars	0	0	0	3	3	0	3
Exchange Childrens Day Patch: Not yet achieved							
National Day of Service Patch: Not yet achieved							
National Day of Service Award: Not yet achieved							

When a club earns one patch in each of the four service areas and sponsors any two additional projects, it receives the National Service Award.



A Few Words from the President . . .

In October we had the District Conference, Spooky Saturday and our Day of Service. The Mid-Atlantic District Conference was on October 7, 2023 and I attended the meeting with John Murray and Tim Settlemeyer. The conferences are a wonderful way to hear about what other clubs are doing and to meet other club members. Everyone is invited to all the conferences, and the next one is in June. At the Spooky Saturday event we provided candy to about 850 kids, but we were also able to talk to many community members. Our original Day of Service was cancelled, but we were able to accomplish a lot of work with the great weather and lots of help on the rescheduled day. The park looks much better.

November 14, 2023 is the last club meeting of the year. We are meeting at Miseno's II for a time of fellowship before all the upcoming holiday activities. Everyone is encouraged to bring a friend to the meeting. We need the club support to do our best job with Bell Ringing, the Children's Christmas Party, and recognizing our Exchangite of the Decade Bob Taylor at the Member Christmas Party. Please help these organizers by registering quickly so they do not have to send out multiple requests.

Continue to be safe,
Susan



The New Fort Letort Playground



Exchange Club Member Christmas Party

Carlisle Country Club
1242 Harrisburg Pike

Friday, December 8, 2023
\$36 per Person

Social 6:00 Dinner 6:30

DINNER MENU

Roast Beef or Chicken Parmesan

Dessert

Coffee and Tea

Help us
honor our
Exchange
Member
of the Year

Robert
Taylor

Register either online or mail in the form and check to Bob Beard.

1. Online registration with credit card: NO LATER THAN **FRIDAY, DECEMBER 1, 2023**
ONLINE LINK IS <https://www.zeffy.com/en-US/ticketing/9c1c2447-6668-4e10-9830-2ac5147e88cb>

2. Mail in registration with check: RECEIVED NO LATER THAN **FRIDAY, DECEMBER 1, 2023**

_____	_____	@\$36.00 = _____
Print Name	No. of people	Total on check
_____ Roast Beef	_____ Chicken Parmesan	
No.	No.	

Make check payable to **Exchange Club of Carlisle** and mail to:

Bob Beard
140 Faith Circle
Carlisle, PA 17013

CHILDREN'S CHRISTMAS PARTY

VOLUNTEER SIGN-UP

SUNDAY, DECEMBER 3RD

(Email Jody Nielsen at jlnielsen0808@gmail.com to sign-up)

Name	Time Slots	Description
Jody & Dennis Nielsen	12:00 – 4:00 PM	Set up, Party, & Clean up
	12:00 – 4:00 PM	Set up, Party, & Clean up
	12:00 – 4:00 PM	Set up, Party, & Clean up
Kathy Young	12:00 – 2:00 PM	Set up, Party Group A
	12:00 – 2:00 PM	Set up, Party Group A
	12:00 – 2:00 PM	Set up, Party Group A
	1:00 – 3:00 PM	Party Help
	1:00 – 3:00 PM	Party Help
	1:00 – 3:00 PM	Party Help
	2:00 – 4:00 PM	Party Group B, Clean Up
	2:00 – 4:00 PM	Party Group B, Clean Up
	2:00 – 4:00 PM	Party Group B, Clean Up

CHILDREN'S CHRISTMAS PARTY

ITEM SIGN-UP

SUNDAY, DECEMBER 3RD

(Email Jody Nielsen at jlnielsen0808@gmail.com to sign-up)

Name	Item(s)	Description
Jody Nielsen	Cookie Baking	12 Dozen
Susan Murray	Wrapping Paper	N/A
Susan Murray (Cookie Decorating Station)	Cookies - Sugar	12 Dozen
Helen & Lee DeVenney	Wrapping Paper	N/A
	Wrapping Paper/Bags	
	Cookie Baking	
	Cookie Baking	
	Cookie Baking	
Helen DeVenney	Gift Wrappers	
	Gift Wrappers	
	Gift Wrappers	

National Exchange Club's Legacy of the Year Award Information

The National Exchange Club's Legacy of the Year Award recognizes high school students who are children, grandchildren, and great-grandchildren of Exchange Club members. Candidates also display exceptional community involvement and leadership skills. This program rewards outstanding young people and provides incentives for others to serve their country and communities. Legacy of the Year Award candidates will submit applications directly to Exchange's National Headquarters. If an Exchange Club or District chooses to implement this program, they may do so and coordinate this award similar to the popular Youth of the Year and A.C.E. of the Year Scholarship programs.

PURPOSE:

The Legacy of the Year Award recognizes high school students who are children, grandchildren, and great-grandchildren of Exchange Club members.

This is a positive program with two key objectives:

1. It helps encourage students to continue with community involvement and leadership.
2. It recognizes students who have knowledge and experience regarding the sacrifices made for the community, and country. This special recognition serves as a powerful awareness to all students that it is an honorable action to serve our communities and country, thus making our communities better places to live. The submission deadline for the National Legacy of the Year Award is June 1.

The winner will be presented the Legacy of the Year award and a \$15,000 scholarship at Exchange's annual National Convention. The \$15,000 scholarship must be used within four years of the day the award is received (National Convention date). Any money remaining at the four year mark will be forfeited. Travel accommodations will be provided to the winner and the parents/guardians.

Link to the [National Legacy of the Year application](#).

Legacy of the Year Award Example Questions:

This is for REFERENCE ONLY for preparation of the Legacy of the Year Award submission to National.

Official submission must be completed from the Member Resources section of the National Exchange Club website. The online application link can be found in the Awards section under "Legacy of the Year Award."

GENERAL INFORMATION :

Full name of submitter's Exchange club, email, and phone number

Student's name, address, phone number, email and date of birth

Name AND relationship of student's parent/grandparent/great grandparent:

Full name of Exchange Club of student's parent/grandparent/great grandparent:

President of Exchange Club of student's parent/grandparent/great grandparent:

Exchange Club President's email:

Exchange Club President's phone:

Full name of high school from which the student will graduate (include city, state):

Year that the student will graduate:

School official verifying information (name, email, phone)

Name of student's parents/guardians (specify):

Primary parent/guardian name, email, phone number

NARRATIVES

NARRATIVE A; AS SUBMITTED BY STUDENT (not to exceed 500 words): Describe, in your own words, the event (or events) in your life of which you are most proud. Also describe your future plans for making your community, and the world, a better place to live. Include a paragraph about your parent/grandparent/great grandparent and your perspective of what they have done.

NARRATIVE B; AS SUBMITTED BY PARENT/GRANDPARENT/GREAT GRANDPARENT OR SCHOOL OFFICIAL) not to exceed 500 words: Describe why you feel the student should earn the Legacy of the Year Award; include implications for the future.