



EXCHANGE

THE EXCHANGE CLUB OF CARLISLE, PA

Carlisle Exchangite October 2023

Exchange Club of Carlisle

Club Officers

President

Susan Murray

President-Elect

Vacant

Secretary

John Murray

Treasurer

Bob Beard

Immediate

Past President

Terry Young

Directors

Ken Stoltz

Barrie Zais

Dennis Nielsen

Lee DeVenney

Bob Taylor

Communications Director

Susan Murray

jdmii@pa.net

Webmaster

John Murray

Photographers

Anne Wood

Bill Yufer



Find us on Facebook:

Exchange Club of Carlisle, Pennsylvania

www.ExchangeClubofCarlisle.org

www.NationalExchangeClub.org

P.O. Box 1037
Carlisle, PA 17013-6037



Jake Stine and Jean Yufer bundled up on a brisk August morning before dawn serving coffee

Labor Day 2023 Coffee Break

The club had another successful Memorial Day Coffee Safety Break. The Coffee Break was conducted from September 1 - 4, 2023 at the I-81 southbound rest stop just south of Carlisle. The club provided coffee, lemonade, muffins, and hot dogs to tired drivers. The club was fortunate that Martin's Famous Potato Rolls and Bread provided over a 1,000 long rolls for our hot dogs. Numerous drivers stopped to take a break because they saw our FREE coffee announced on the PennDot's digital signage.

Terry Young did a fantastic job organizing the Coffee Safety Break. It was also made possible with the help from Dennis & Jody Nielsen, Bill & Jean Yufer with Jake Stine, John & Susan Murray, John & Linda Wain, Walt & Anne Wood, Bob Taylor, Lynda Cook, Barrie Zais, Rick Rovegno, Marisa Beard, Wayne Shade, Ken Stoltz, Bill Knouse, Kathy Young and Clint Wright. A thank you goes out to all the muffin bakers who helped make the weekend a success. Even though I-81 was closed for hours and the digital signage to advertise the event was turned off to notify travelers about the huge accident ahead on Friday which is typically our the busiest of the weekend day, we collected a record breaking \$3,907 which is over \$400 more than ever before.



Tim Settlemeyer and President Susan Murray

New Members

On September 12, 2023 Secretary John Murray inducted Tim Settlemeyer into the Exchange Club of Carlisle. Tim is the Development Director for Community Cares. The club is fortunate to have our third new member this club year. He brings our total membership up to 34.



Kids with their jack-o-lanterns



Kids doing their crafts with Jean and Bill Yufer

Holly Festival Days

On September 16, 2023, the Exchange Club of Carlisle ran a free children's craft station at the Holly Festival Day event in Mt. Holly Springs, PA. About 90 children made beautiful orange Jack-o-lantern faces. The volunteers who worked this event were Bill & Jean Yufer and Susan Murray.



Bob Taylor taking parking fees

Car Show Parking

On September 27 - 29, 2023, the club provided a parking area for the Fall Carlisle Collector Car Flea Market, Corral and Auction. With all the rain forecasted through the week, car show attendance was much lower than expected, so we never completely filled our lot. Even though we added Wednesday to the parking schedule, the club raised over \$550 less than last year. Last year we collected \$2,282.52, and this year we collected about \$1,932. We parked 5 cars on Wednesday, 81 cars on Thursday, and 101 on Friday.

A huge thank you goes out to Dennis Nielsen for spearheading this event and working many hours during the event. The volunteers who worked this event were Jody Nielsen, Bill & Jean Yufer, Susan Murray, Marisa Beard, Rick Rovegno, Ken Stoltz, Bob Taylor, Barrie Zais, John Wain, Wayne Shade, Diane Blitz, and Region 11 Vice-President Kara Wright.

Molly Pitcher Award

The Carlisle Chamber of Commerce is taking over running the Molly Pitcher Award Program. After decades of running the program, it was determined that the Chamber is better equipped to identify and recognize the Carlisle Citizen of the Year. We are happy that the program will continue under their expert leadership.

Anniversary Ideas Gathering Meeting

On September 26, 2023 at 5:30 pm, there was an ideas gathering meeting just before the 6:00 pm club meeting. Five people attended the meeting, and a couple suggestions were provided. The Board needs a coordinator to organize this event. Please let Susan Murray or anyone on the Board of Directors know if you are interested in coordinating this event.



Day of Service

The club is trying to organize a Day of Service in October or November. Unfortunately, the event scheduled for October 2, 2023 to clean up a the park was cancelled because most members were not available. Please send ideas for a different Day of Service project to the Board of Directors.



Club trailer

Trailer Cleaning

If the roof of the trailer looks whiter and the body looks cleaner, then you are correct. Terry Young took the trailer to a drive through vehicle cleaner, and the trailer became noticeably cleaner. However, the white top was still very dirty after decades of use. So, Bill Yufer power washed the top and sides which has made the trailer look much nicer. Now, the trailer matches all the club members with its white top.



Club trailer roof cleaning

Spooky Saturday



The 13th Annual Spooky Saturday will be held on October 21, 2023 from 12:00 - 3:00 throughout downtown Carlisle. Our station will be set up in front of St. John's Church on the sidewalk near the Square. The stand will be stocked with candy, but people are needed distribute candy to the expected 800 children. Since the children will be accompanied by adults, it is a great opportunity to spread the word about the club. Please sign up to cover a shift either on SignupGenius or by emailing Susan Murray (jdmii@pa.net).

Meetings

September 12, 2023



Lisa Maddux and President Susan Murray

Lisa Maddux, the Development Director of Project Share, gave an overview about all the changes to Project Share Food Distribution programs. The club volunteered before COVID to help distribute food to families. Each food station had one volunteer to pass out a food items as the families walked by. During COVID, the Drive-thru program was established. This option is still available for families, and a volunteer places the food in their trunk as they drive through the distribution line. The in-person distribution system called Your Choice has returned as an option. It differs from the old pre-COVID system since there are not any volunteers passing out the food. The food is placed on shelves like in any other grocery store, and the families select their own food. There is a maximum quantity for each item for the families to select as they walk by the shelves. These programs are for families up to 185% of the poverty level. Additionally, there is a Farm Stand where families may go to select groceries every month. This program does not have any income level requirements, because some people at all income levels require help periodically.



Dr. Michael Eskridge

September 26, 2023

Dr. Michael Eskridge, Bibleway Family Support Center Program Director, explained that this organization has many free programs to help families, but this meeting focused their Fatherhood Program called Iron Sharpens Iron. He explained that there is a growing trend to add fatherhood training options nationwide because it has been shown that it is beneficial to children to have a father figure in their lives. This program faces challenges because many men do not think they need training to be a father and do not want to be told how to raise their children. Once they attend one class, they are excited to return. There is even an alumni program for the fathers to continue to grow and help each other fathers.

Participation Opportunities

Online Volunteer Sign-ups on SignupGenius (or email POC)

- <https://www.signupgenius.com/go/30E0848AFAC29A57-volunteer>
- Spooky Saturday Oct 21, 2023

Oct 10 (Tue) - Regular Meeting at Cumberland Crossings

- 6:00 pm - Social Time
- 6:30 pm - Presentation: Katrina Thoma, RN MSN, Sadler Health Center - Pediatrics
- 7:00 pm - Dinner for \$20 per person (Free if not eating)
- 7:30 pm - Short Business Meeting

Oct 21 (Tue) - 13th Annual Spooky Saturday Event

- 11:30 - Set up station
- 12:00 - 3:00 Passing out candy to children in costume
- Near St. John's Episcopal Church close to the corner
- POC: Susan Murray (jdmi@pa.net or 717-713-3933)

Oct 24 (Tue) - Regular Meeting at Cumberland Crossings

- 6:00 pm - Social Time
- 6:30 pm - Presentation: Carlisle Kiwanis Club Overview and Fort LeTort Replacement Project
- 7:00 pm - Dinner for \$20 per person (Free if not eating)
- 7:30 pm - Short Business Meeting

Nov 11 (Fri) 5:00 pm - Flags on the Square retrieval for Veteran's Day



- 5:00 pm - Meet across the street from Market Cross Pub
- Retrieve, roll up, and store all the flags in the room
- POC: Bob Taylor (taylorrh@pa.net or 717-440-4168)

Nov 14 (Tue) - Regular Meeting at Miseno's II Pizzeria & Italian

- 6:00 pm - Social Time
- 6:30 pm - Presentation: No Speaker
- 7:00 pm - Dinner - order when arriving in the meeting room
- 7:30 pm - Short Business Meeting
- * Cumberland Crossings is not available this day due to another event

Last meeting till January

Mark Your Calendars

- Oct 7 (Sat) 10:00 am - Mid-Atlantic District Fall Conference in Williamsport, PA - Everyone is Welcome to attend
Oct 10 (Tue) 6:00 pm - Meeting at Cumberland Crossings
Presentation: Sadler Health Center - Pediatrics Katrina Thoma, RN MSN
Oct 17 (Tue) 2:00 pm - Board meeting at Miseno's II
Oct 21 (Sat) 12:00 - 13th Annual Spooky Saturday Event
Oct 24 (Tue) 6:00 pm - Meeting at Cumberland Crossings
Presentation: Carlisle Kiwanis Club Overview and Fort LeTort Replacement Project
Nov 11 (Fri) 5:00 pm - Flags on the Square retrieval for Veteran's Day
Nov 14 (Tue) 6:00 pm - Meeting at Miseno's II
Presentation: No Speaker, just fellowship **Miseno's II Night, full of fellowship**
Nov 21 (Tue) 2:00 pm - Board meeting at Miseno's II
Nov 28 (Tue) - No Meeting - too close to Thanksgiving
Dec 8 (Fri) - Member Christmas Party at the Carlisle County Club



A Few Words from the President . . .

The club made it through a very busy month with Coffee Break, Mt. Holly Festival Days Craft Station, and Car Parking. Having three events in one month made it a challenge to complete all three, but we did it! We even had a couple new people help by working a shift. Thank you to everyone who helped even in a small way. Dennis is stepping down from planning the Car Parking, so we need another Car Parking Coordinator soon.

In October we have the District Conference and Spooky Saturday. The Mid-Atlantic District Conference is on October 7, 2023. I am looking forward to hearing our newest member, Tim Settlemyer, since he is a guest speaker for the conference. Everyone is welcome to attend the District Conference, which is a great way to learn more about other club activities. Spooky Saturday is a fun event for the club which supports local children. We host a station and pass out candy to children in costume. About 800 children are expected this year.

October 10, 2023, is the next club meeting. Please try to attend. We have some wonderful speakers looking forward to presenting to our club, so it would be helpful to have a large group in attendance. Everyone is welcome to bring a friend to the meeting to see what our club is all about, but please let me know that you are bringing a guest to ensure there is enough food.

Continue to be safe,

Susan



Downtown Carlisle Spooky Saturday Candy Station

Signup Sheet

October 21, 2023

| Time | Volunteer #1 | Volunteer #2 |
|---------------------------|--------------|--------------|
| 11:00 AM-12:00 PM (Setup) | John Murray | NA |
| 11:45-1:00 PM | | |
| 1:00-2:00 PM | | |
| 2:00-3:00 PM | | |
| 3:00-3:30 (Tear Down) | John Murray | NA |

Job: Pass out candy to the kids.

Location: Near the Square in front of St. John's Episcopal Church

Time: Please arrive 10 minutes before your shift starts to ensure a good handoff of duties.

Any questions, contact Susan Murray (717) 713-3933 / jdmii@pa.net.