



EXCHANGE

THE EXCHANGE CLUB OF CARLISLE, PA

Carlisle Exchangite April 2025

Exchange Club of Carlisle

Club Officers

President

Susan Murray

President-Elect

Vacant

Secretary

John Murray

Treasurer

John Murray

Immediate Past President

Terry Young

Directors

Dennis Nielsen

Bob Taylor

Barrie Zais

Kim Truckenmiller

Vacant

Communications Director

Susan Murray

jdmii@pa.net

Webmaster

John Murray

Photographers

Bill Yufer



Find us on Facebook:
Exchange Club of Carlisle

www.ExchangeClubofCarlisle.org
www.NationalExchangeClub.org

P.O. Box 1037
Carlisle, PA 17013-6037

Goal: 800 pinwheels / \$4,000
Currently: 792 pinwheels sold / \$3,960
Still to Sell: 8 pinwheels / \$ 40
Dedicated Individual Remote Gardens: 9



Blue Pinwheel Garden Fundraiser

Our goal this year is 800 pinwheels, but selling more would be wonderful. The Community Garden will be set up the whole month of April in front of St. John's Episcopal Church and First Presbyterian Church on the Square. For every \$5 donation, a pinwheel is put out in the garden for the month. The money raised will go to Domestic Violence Services of Cumberland and Perry Counties' children's programs. There is a donor page listing the names of the individuals who donate or elect to designate a pinwheel in honor of a child or other person. A separate page will list any business or organization who donates at least one pinwheel. Since our club is a 501c(3), all donations are tax deductible.

Dedicated Gardens are for businesses or organizations donating a minimum of 20 pinwheels at \$5 each which is a \$100 tax-deductible donation for a small individual garden to be planted at their location. For locations without an area to display the pinwheels, a planter will be provided, so please consider having an organization you belong to consider donating to this project. Some businesses elect to have their pinwheels planted in the community garden in lieu of their location. The following businesses have supported our Pinwheel project. Please support these businesses.



Rotary Club of Carlisle



New Club Directory

It is time to update our club directory. Please verify your information in the draft directory which will be available at the April club meetings. Changes may be emailed to Susan Murray at jdmii@pa.net.

Future Meeting Format Change

We are in the discussion phase of gathering ideas about how to possibly improve the attendance at meetings starting in September. Currently, we have had the following 3 suggestions from members, but we encourage everyone's input before we survey the club.

1. Keep the same 2 meetings per month with a speaker
2. Only one meeting a month with a speaker
3. One meeting with a speaker and one fellowship time without a speaker that could be held at a different location.

Meetings



Easter Egg Stuffing Gang



March 11, 2025

Many members gathered before the March 11, 2025 meeting to help fill eggs for the Downtown Carlisle Association's (DCA) Annual Downtown Bunny Hop. We were able to quickly fill 600 eggs, and the club is looking forward to passing them out to the children on April 12, 2025.

March 11, 2025



*President Susan Murray and
LTC Damonica Sumpter*

At the March 11, 2025 meeting, LTC Damonica Sumpter, United States Army, Army War College Student, gave a presentation about Military Recruitment Challenges. All the branches are working hard filling their slots with people who want to serve their country. A big challenge is that only approximately 23% of the targeted group of men 17 - 24 years old meet the standards to be accepted into the military, and many of those do not have the desire to serve their country in the military. Many others are being drawn to the higher paying technical field civilian jobs. The main reasons why many have not been eligible are obesity, cannot pass the physical fitness test, medical conditions, prescribed specific medication, criminal convictions, illegal drug use, and no high school diploma.

March 25, 2025



Ms Veda Crawley

At the March 25, 2025 meeting, Ms Veda Crawley, United States Army War College Student, provided an overview about Women, Peace, and Security. Ms Crawley, a civilian studying at the Army War College, helped the attendees better understand how these three areas interact together to provide peace and security for our country and the world.

Participation Opportunities

Apr 1 (Mon) - Community Pinwheel Garden Installation

- 9:00 am - Optional Breakfast at the Carlisle Diner on High Street
- 10:00 am - Meet in front of St. John's Episcopal Church's Red front doors to plant Pinwheels
 - Some will kneel and install pinwheels
 - Others will be able to carry very light weight bags of pinwheels or help snap them together
 - Should only take 45 minutes
 - POC: Susan Murray (jdmi@pa.net / 717-713-3933)

Apr 8 (Tue) - Regular Meeting at Cumberland Crossings

- 6:00 pm - Social Time
- 6:30 pm - Presentation: Bob Taylor: Youth of the Year Award
- 7:00 pm - Dinner for \$20 per person (Free if not eating)
- 7:30 pm - Short Business Meeting

Apr 12 (Sat) - Downtown Bunny Hop

- 11:30 am - Set-up two stations
- 12:00 - Station 1 - Passing out Easter Eggs
- 3:00 pm - Station 2 - Selling Pinwheels
- On the square near St. John's Episcopal Church
- Sign-up sheet is attached
- POC: Susan Murray (jdmi@pa.net / 717-713-3933)



Apr 22 (Tue) - Regular Meeting at Cumberland Crossings

- 6:00 pm - Social Time
- 6:30 pm - Presentation: Lynda Cook: Accepting the Challenge of Excellence Award
- 7:00 pm - Dinner for \$20 per person (Free if not eating)
- 7:30 pm - Short Business Meeting

Apr 24-26 (Thur - Sat) Car Show Parking

- Apr 22 (Tue) - 9:00 am Breakfast at Fairgrounds Grill, 10:00 set-up
- Apr 24-26 (Thu-Sat) - Car Show Parking from 7:00 am - 6:00 pm
- Apr 28 (Mon) - 9:00 am Breakfast at Fairgrounds Grill, 10:00 tear down
- POC: John Murray (murrayjd@pa.net / 717-341-2925)

Apr 26 (Sat) - Betty Bowes Funeral

- 11:00 am - Funeral at Second Presbyterian Church in Carlisle, PA
- Luncheon to follow the service

May 1 (Thur) - Remove Pinwheels in Garden

- 9:00 am - Optional Breakfast at the Carlisle Diner on High Street
- 10:00 am - Meet in front of St. John's Episcopal Church's Red front doors
- Remove the pinwheels from the gardens at both churches
- POC: Susan Murray (jdmi@pa.net / 717-713-3933)



Mark Your Calendars

- Apr 1 (Tue) 9:00 am - Breakfast at Carlisle Diner before Pinwheel set
- Apr 1 (Tue) 10:00 am - Pinwheel Garden installation, meet in front of St. John's Episcopal Church
- Apr 8 (Tue) 6:00 pm - Meeting at Cumberland Crossings
Presentation: Bob Taylor: Youth of the Year Award
- Apr 12 (Sat) 12:00 pm - Bunny Hop
- Apr 15 (Tue) 2:00 pm - Board meeting at Miseno's II

- Apr 22 (Tue) 10:00 am - Car Show Parking set-up: Breakfast at Fairgrounds Grill TBD at 9:00 am
 Apr 22 (Tue) 6:00 pm - Meeting at Cumberland Crossings
 Presentation: Lynda Cook: Accepting the Challenge of Excellence Award
- Apr 24-26 (Thu-Sat) - Spring Car Parking - Carlisle Events Spring Carlisle Car Show & Auction
 Registration sheet is attached. POC: John Murray (murrayjd@pa.net)
- Apr 28 (Mon) 10:00 am - Car Show Parking teardown; Breakfast at Fairgrounds Grill at 9:00 am
 May 1 (Thu) 9:00 am - Breakfast at Carlisle Diner before Pinwheel removal
 May 1 (Thu) 10:00 am - Pinwheel Garden removal, meet in front of St. John's Episcopal Church
 May 13 (Tue) 6:00 pm - Meeting at Cumberland Crossings
 Presentation: Emma Stone, about LEAF (Leadership, Education and Farming)
- May 20 (Tue) 2:00 pm - Board meeting at Miseno's II
 May 23-26 (Fri - Mon) - Memorial Day Weekend Coffee Safety Break
 May 27 (Mon) 5:00 pm - Memorial Day Flags on the Square
 May 27 (Tue) 5:30 pm - Meeting at Marcello's in Carlisle for Fellowship time.
 Fellowship and order dinner on your own. BYOB
- Jun 7 (Sat) - Mid-Atlantic Exchange Club District A.C.E. and YOTY Award's Luncheon in Binghamton, NY
 Jun 10 (Tue) 6:00 pm - Meeting at Cumberland Crossings
 Presentation: Secretary John Murray: Year in Review
- Jun 14 (Sat) 5:00 pm - Flags on the Square Retirement for Flag Day
 Jun 17 (Tue) 2:00 pm - Board meeting at Miseno's II
 Jun 24 (Tue) 6:00 pm - Meeting at Cumberland Crossings
 Presentation: Budget and Installation of Officers and Board of Directors
- Jun 28 (Sat) - Carlisle Summerfair Children's Craft Station and Give-A-Kid-A-Flag event

Our Report Card at National (Patches and Stars)

Details	Americanism	Community Service	Youth Program	Prevention of Child Abuse	Project Subtotal	Project Fundraising	Grand Total
# of Programs entered	3 -July 4 th Flags -Veteran's Day Flag -Girl Scout Flag Training	6 -Backpacks and Supplies -Labor Day Coffee Break -Holly Fest Day Craft -Park Cleanup -Trunk or Treat -Salvation Army Bell Ringing	1 -SPY support	1 -DVSCP shelter Christmas Gifts	11	1	12
Award - Patch Sent	2	2	1	1	6	1	7
Awards - Addl Stars	1	4	0	0	5	0	5
	Exchange Children's Day Patch: Not yet achieved <i>(An event must be completed in June)</i>						
	National Day of Service Patch: ACHIEVED 10/7/2024						
	National Service Award: ACHIEVED 1/30/2025						

A Few Words from the President . . .



It is very sad that we lost our dear friend Betty Bowes. She was a lovely lady who will be missed by many. I hope to see some club members at her funeral on April 26.

We are almost at our 800-pinwheel minimum goal for this year! We will be selling them for all of April.

April Car Parking is coming up soon with the requested shorter 2-hour shifts. New this year is that the auction is starting at 10:00, so hopefully we will fill up earlier.

Starting this year, the club will waive the annual member dues for anyone serving as president or 50% each for co-presidents. If someone is willing to fill this position, the club can continue to make a positive impact on the community even if some activities are reduced.

Yours in Exchange,

Susan

Spring 2025 Carlisle Car Parking Sign-Up

SCHEDULE FOR SPRING CAR PARKING: April 23 - 27, 2025

Please arrive at least 10 minutes prior to the start of your shift.

Set up - **Tuesday**, April 22, 2025: 10:00am (Breakfast 9:00am - Fairground Grill & Crabhouse)

John Murray	Susan Murray	Terry Young	Bill Yufer

Parking Thursday, April 24, 2025: Auction: NOON - 6:00pm

7:00am - 10:00am: 3 people	John Murray	Susan Murray	Ken Stoltz
10:00am - 12:00pm: 3 people	Dennis Nielsen	Susan Murray	
12:00pm - 2:00pm: 3 people	Wayne Shade	Rick Rovegno	
2:00pm - 4:00pm: 3 people	Bill Yufer	Bob Taylor	
4:00pm - 6:00pm: 2 People	John Murray	John Wain	

Parking Friday, April 25, 2025: Auction: NOON - 6:00pm

7:00am - 10:00am: 3 People	John Murray	Susan Murray	Ken Stoltz
10:00am - 12:00pm: 3 people	Terry Young	Dennis & Jody Nielsen	Rick Rovegno
12:00pm - 2:00pm: 3 people	Terry Young	Susan Murray	
2:00pm - 4:00pm: 3 people	Bob Taylor		
4:00pm - 6:00pm: 2 People	John Murray	John Wain	

Parking Saturday, April 26, 2025

7:00am - 10:00am: 3 People	John Murray		
10:00am - 12:00pm: 2 people	Dennis Nielsen	Jody Nielsen	
12:00pm - 2:00pm: 2 people	John Murray	Bob Taylor	

Tear down - **Monday**, April 28, 2025: 10:00am (Breakfast 9:00am - Fairground Grill & Crabhouse)

John Murray	Susan Murray	Terry Young	

Questions: Call John Murray at (717) 341-2925 or murrayjd@pa.net



EXCHANGE
THE EXCHANGE CLUB OF CARLISLE, PA

Pinwheel Garden

Planted to Support Children

Blue Pinwheels are a tradition in April, the Exchange Club

2025 PINWHEEL ORDER FORM

month. In April, the Exchange Club

wishing to donate pinwheels, you can donate them to be planted in the Carlisle Community Pinwheel Garden. You can also purchase a Dedicated Garden to be planted at the donor's choice of location. Pinwheels can be donated throughout the month of April and the proceeds will go to Domestic Violence Services of Cumberland & Perry Counties (DVSCP).

ORDERING PINWHEELS to be planted in the downtown Community Garden:

Name: (individual or business) _____

Name to be listed on Donor List: _____

(If left blank, your first and last name will be displayed.)

Check box if you would like to remain anonymous.



Product	Quantity	Amount per item	Total Donation
Pinwheels in Community Garden		\$5	

ORDERING PINWHEELS to be planted at your location in a Dedicated Local Garden with minimum 20 Pinwheels:

Dedicated Gardens: Businesses or organizations who donate 20 or more pinwheels can have a Dedicated Garden at their location, plus be listed on the Donor List. The Exchange Club of Carlisle will assist in establishing and maintaining the garden including a Pinwheel Garden Sign recognizing your organization's sponsorship with your logo. If you are interested in establishing a Dedicated Garden at your location, please contact Susan Murray at the contact information below.

Company / Organization Name: _____

Point of Contact Name: _____

Email: _____ Phone: _____



Product	Quantity	Amount per item	Total Donation
Pinwheels in Dedicated Garden	(Minimum of 20)	\$5	

Why Blue Pinwheels?

A Virginia grandmother began a Blue-Ribbon campaign as a tribute to her 3-year-old grandson who died at the hands of his mother's abusive boyfriend in 1989. Then, blue became the national color to represent the prevention of child abuse and neglect.

Blue pinwheels are the national symbol for child abuse prevention to represent a happy and safe childhood.

All Check payable to:

The Exchange Club of Carlisle

Mail form to with check to:

The Exchange Club of Carlisle
c/o Susan Murray
804 Wellington Dr.
Carlisle, PA 17013

Donations are Tax-Deductible.

501(c)(3) / EIN of 23-7005474

More Information please contact:

Susan Murray

President

Exchange Club of Carlisle

Exchangeclubofcarlisle@gmail.com

www.exchangeclubofcarlisle.org

717-713-3933



Downtown Carlisle Bunny Hop Station Signup Sheet

April 12, 2025 (Near Square in front of St. John's)

Station 1: Easter Egg
Pass out one egg to each child

Station 2: Pinwheel
Take donations for pinwheels and
then plant pinwheels

Time	Volunteer #1	Volunteer #2	Time	Volunteer #1	Volunteer #2
11:00 AM- 12:00 PM (Setup)	John Murray	Susan Murray	11:00 AM- 12:00 PM (Setup)	John Murray	Susan Murray
12:00-1:00 PM	John Wain	Kathy Young	12:00-1:00 PM	Margaret Weston	Jessie Murray
1:00-2:00 PM	Jean Yufer	Bill Yufer	1:00-2:00 PM	Jody Nielsen	Jessie Murray
2:00-3:00 PM			2:00-3:00 PM	Margaret Weston	Jessie Murray
3:00-4:00 (Tear Down)	John Murray	Susan Murray	3:00-4:00 (Tear Down)	John Murray	Susan Murray

Please arrive 10 minutes before your shift starts to ensure a good handoff of duties.

Any questions, contact Susan Murray (717) 713-3933.



2025 Mid-Atlantic District Convention
June 6, 7 & 8, 2025

"IMPACT your LOCAL Community"

Venue:

DoubleTree by Hilton Binghamton
225 Water Street, Binghamton, NY 13901

Room Reservation:

Rooms are available at a rate of \$169 per night (plus tax).
To book, call 607-722-7575 and reference Group MID

Please note that the room block has a cutoff date of May 7, 2025

Attendee Information

Name: _____

(Please complete a separate form for each attendee.)

Exchange Club Affiliation: _____

Current Exchange Office(s) Held: _____

Phone: _____

Email: _____

Meal Reservations

Meal reservations must be received by Monday, May 23, 2025.

Registration Fees:

- Registration Fee and Saturday Sessions,
 - Including Breakfast and Beverages (8:00 am): \$30
- Saturday Premium Boxed Lunch (12:00 pm): \$30
- Saturday Evening Banquet (7:00 pm): \$50
 - Pan Seared Chicken Breast
 - Roasted Pork Loin
 - Penne ala Vodka (Vegetarian)
- Sunday Continental Breakfast (8:00 am): \$20
- Late Registration Fee (**After Monday, May 23, 2025**): \$30

TOTAL DUE: \$ _____

If you have special dietary needs, please specify here: _____

Please send this form with full payment to: **Mid-Atlantic District Exchange Clubs**
c/o Ron Sciandra, 602 Fries Road, Tonawanda, New York 14226

Contact Information:

Questions? Call or text Ron at 716-316-0141 or email Ronald.Sciandra@gmail.com

Booking online:

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=BGMWSDT&groupCode=CDTMID&arrivaldate=2025-06-06&departuredate=2025-06-08&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>