



# EXCHANGE

THE EXCHANGE CLUB OF CARLISLE, PA

*Carlisle Exchangite November 2024*

## Exchange Club of Carlisle

### Club Officers

#### **President**

Susan Murray

#### **President-Elect**

Vacant

#### **Secretary**

John Murray

#### **Treasurer**

John Murray

#### **Immediate**

#### **Past President**

Terry Young

### Directors

Dennis Nielsen

Bob Taylor

Barrie Zais

Kim Truckenmiller

Vacant

### Communications Director

Susan Murray

[jdmii@pa.net](mailto:jdmii@pa.net)

### Webmaster

John Murray

### Photographers

Bill Yufer



Find us on Facebook:  
Exchange Club of Carlisle

[www.ExchangeClubofCarlisle.org](http://www.ExchangeClubofCarlisle.org)

[www.NationalExchangeClub.org](http://www.NationalExchangeClub.org)

P.O. Box 1037  
Carlisle, PA 17013-6037

## Exchangite of the Decade / Christmas Party

Bob Beard will be recognized as the Exchange Club of Carlisle's 2014 - 2024 Exchangite of the Decade on December 10, 2024 at 6:00 pm at the Carlisle Country Club. Friends, families and everyone in the community are encouraged to attend. Please register by December 3, 2024 with the attached invitation or at [online](#).



*Members of the Exchange Club of Carlisle and local Brownie, Junior and Cadette Girl Scouts*

## Veteran's Day Flags

On November 11, 2024, ten-foot-tall poles each holding an American Flag lined the Square in all four directions. The 130 Flags were a great reminder to all the people traveling through town that we honor our country. They looked amazing blowing in the breeze.

At 5:00 pm, the club retired the flags with the help of some local Girls Scouts and their families. Bob Taylor organized this event, and the other helpers were Terry Young, John & Susan Murray, Ken Stoltz, and Wayne Shade.





President Susan Murray with Brownie, Junior and Cadette Girl Scouts

## Girl Scout Flag Etiquette Class

On Veteran's Day 2024, Exchange Club of Carlisle's President Susan Murray conducted an American Flag etiquette class for three levels of Girl Scouts. Brownie and Junior Troop 10516 and Cadette Troop 10536 learned about proper care, handling and display of the Flag.

## Are you 65 years or old?

### Save money on your Exchange Membership with "Grouper"

Research shows that being active and enjoying time with friends is good for your health, so some health insurance supplement plans will pay you to stay involved. To see if your plan covers Grouper, try to register at [Hellogrouper.com](http://Hellogrouper.com). If your plan participates, you will receive \$50 for registering and \$20 every 3 months you stay active with the Exchange Club. More information is attached to the newsletter.

Exclusive benefit for current National Exchange Club members 65+ in the U.S. with an eligible Medicare Advantage or Medicare Supplement plan.

## Meetings

### November 12, 2024



President Susan Murray and Al Blitz

On November 12, 2024, Al Blitz gave an impressive presentation about CommunityAid at Miseno's II in Carlisle, PA. CommunityAid is a nonprofit organization that runs seven thrift stores based in Pennsylvania. It partners with hundreds of local nonprofit organizations that provide service in our store locations' communities by donating a percentage of sales and products to support our neighbors in need. At CommunityAid, you can shop knowing that your purchase will be fairly priced, encourage sustainability, and strengthen our local communities.

## Participation Opportunities

### \$\$ Mid-Atlantic District Youth Programs \$\$

The District needs financial support to continue to offer \$1,500 scholarships plus meals and accommodations for all the awardees to attend the convention. There is more information at the end of the newsletter.

Our District has a sponsor to offer matching funds for any donations received through the end of December 2024.

## Dec 3 (Tue) - Salvation Army Bell Ringing

- 9:00 am - 8:00 pm
- Karn's Foods - located at 1706 Spring Road, Carlisle
- POC: Barrie Zais ([zaisb@comcast.net](mailto:zaisb@comcast.net) / 717-258-3061)



## Dec 10 (Tue) - Exchange Club Christmas Party



- 6:00 PM - Social Time
- 6:30 PM - Dinner followed by the Exchange of Decade Recognition
- Location: Carlisle Country Club (1242 Harrisburg Pike, Carlisle)
- Cost is \$36 per Person
- RSVP by Dec 3<sup>rd</sup> to John Murray (804 Wellington Dr.) or online
- RSVP Online: <https://www.zeffy.com/en-US/ticketing/9c1c2447-6668-4e10-9830-2ac5147e88cb>
- POC: Bob Taylor ([taylorrh@pa.net](mailto:taylorrh@pa.net) / 717-440-4168)

## Mark Your Calendars

- Dec 3 (Tue) 9am-8 pm - Bell Ringing at Karn's  
 Dec 10 (Tue) 6:00 pm - Member Christmas Party & Exchange of the Decade  
 Dec 17 (Tue) 2:00 pm - Board meeting at Miseno's II  
 Dec 24 (Tue) - No Meeting  
 Jan 14 (Tue) 6:00 pm - Meeting at Cumberland Crossings  
 Presentation: John Murray about protecting your computer from scams

### Our Report Card at National (Patches and Stars)

Details	Americanism	Community Service	Youth Program	Prevention of Child Abuse	Project Subtotal	Project Fundraising	Grand Total
<b># of Programs entered</b>	<b>3</b> -July 4 <sup>th</sup> Flags -Veteran's Day Flag -Girl Scout Flag Training	<b>5</b> -Backpacks and Supplies -Labor Day Coffee Break -Holly Fest Day Craft -Park Cleanup -Trunk or Treat			<b>8</b>	<b>1</b>	<b>9</b>
<b>Award - Patch Sent</b>	<b>2</b>	<b>2</b>			<b>4</b>	<b>1</b>	<b>5</b>
<b>Awards - Addl Stars</b>	<b>1</b>	<b>3</b>			<b>4</b>		<b>4</b>
<b>Exchange Children's Day Patch: Not yet achieved</b> <i>(An event must be completed in June)</i>							
<b>National Day of Service Patch: ACHIEVED 10/7/2024</b>							
<b>National Service Award: Not yet achieved</b> <i>(Earn 1 patch in each of the 4 service areas and sponsors any 2 additional projects)</i>							

### A Few Words from the President . . .



I wish everyone a wonderful Holiday break and hope everyone gets to spend some time with their families. We had a great time meeting at Miseno's II on November 12, 2024. Our next regular meeting will return to Cumberland Crossings on January 14, 2025.

Thank you to everyone who signed up to help with Salvation Army Bell Ringing on December 3, 2024 and to attend the Christmas Party on December 10, 2024. Just a reminder that the Mid-Atlantic District has someone who will match donations to the District Youth Scholarships, so December is a great time to donate to help the youth.

Have a wonderful Christmas and New Year's,  
*Susan*



# Mid-Atlantic Exchange Clubs Foundation

**501(c)(3) organization**

**EIN: 23-2375779**

**Anne Marie Logue, CPA**

**Treasurer**

**loguexc@gmail.com**

Dear Mid-Atlantic District Exchange Member,

The Mid-Atlantic Exchange Clubs Foundation is seeking sponsors to support our Youth of the Year and A.C.E. (Achieving the Challenge of Excellence) award scholarship recipients. Each year our local Exchange Clubs submit club award winners to the District level for a chance to receive a \$1,500 Youth scholarship and a \$1,500 ACE scholarship from the Mid-Atlantic Exchange Clubs Foundation. District winners are then eligible to compete for the National Youth and A.C.E. scholarships of \$15,000! What a great opportunity for our winners and their families!

The Foundation is a 501(c)(3) organization established in 1982 to provide support to child abuse prevention efforts and youth programs of the Mid-Atlantic District Exchange Clubs. The Mid-Atlantic District is comprised of local Exchange Clubs throughout Pennsylvania, Maryland, New York, and New Jersey. These scholarships are paid directly to the award winner's higher education institution. With increased support we will be able to consider an increase to these scholarship amounts at the district level.

Every dollar you donate will be restricted to the Youth and ACE award scholarships. We will accept a donation of any amount. We also encourage multi-year pledges which will allow us to plan for future scholarships. Please send donations to:

Mid-Atlantic Exchange Clubs Foundation  
c/o Anne Marie Logue, Treasurer  
12 Brethren Court      Gettysburg, PA 17325

Please help us preserve these scholarships so our Youth may soar in the future! Thank you for your generosity!

Sincerely,  
**Anne Marie Logue, CPA**  
**Treasurer**

I pledge \_\_\_\_\_ for each of the next \_\_\_\_\_ years to support scholarships

Enclosed is my one-time contribution of \$\_\_\_\_\_.

Name: \_\_\_\_\_

Club: \_\_\_\_\_

**THANK YOU FOR YOUR SUPPORT!!!**

# Exchangite of the Decade Annual Christmas Party

Members, Families, Friends and Guests are all encouraged to attend the 2024 Christmas Dinner Celebration and Exchangite of the Decade Ceremony.



Help us  
honor our

2014-2024  
Exchangite  
of the  
Decade

Robert  
Beard

**Where:** Carlisle Country Club  
1242 Harrisburg Pike  
Carlisle, PA 17013

**When:** Tuesday, December 10, 2024  
Social 6:00 pm with waitress service cash bar  
Dinner 6:30 pm

**Dress:** Holiday Festive

**Cost:** \$36 per Person  
(Children's meal up through 9 years are free)

**Dinner Buffet Menu:**

Roast Beef	Chicken Parmesan
Mashed potatoes	Linguini in Red Sauce
Gravy	Green beans

Salad

Coffee, Tea and soft drinks

Register either online or mail in the form below with your check to John Murray (jdmii@pa.net).

1. Online registration with credit card: NO LATER THAN **TUESDAY, DECEMBER 3, 2024**  
ONLINE LINK IS <https://www.zeffy.com/en-US/ticketing/9c1c2447-6668-4e10-9830-2ac5147e88cb>

2. Mail in registration with check: RECEIVED NO LATER THAN **TUESDAY, DECEMBER 3, 2024**

_____	_____	@ \$36.00 =	_____
Print Name	No. of people		Total on check

Please note the number of Children's meals and Dietary Restrictions (GF/ Vegan/Vegetarian)

Make check payable to **Exchange Club of Carlisle** and mail to:  
**John Murray**  
**804 Wellington Dr.**  
**Carlisle, PA 17013**

