



EXCHANGE

THE EXCHANGE CLUB OF CARLISLE, PA

Carlisle Exchange July 2025

Exchange Club of Carlisle

Club Officers

President

Susan Murray

President-Elect

Vacant

Secretary

John Murray

Treasurer

John Murray

Immediate

Past President

Terry Young

Directors

Dennis Nielsen

Bob Taylor

Barrie Zais

Communications Director

Susan Murray

jdmi@pa.net

Webmaster

John Murray

Photographers

Bill Yufer



Find us on Facebook:
Exchange Club of Carlisle

www.ExchangeClubofCarlisle.org

www.NationalExchangeClub.org

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Carlisle, PA 17013-6037



Larry Foot, Jean Yufer, and Bill Yufer serving Hot Dogs



John Murray passing out a water bottle

Ford Parade

On June 7, 2025, the Exchange Club of Carlisle set up a Hot Dog and Water Bottle Stand at the Carlisle Events Ford Parade. We gave out food to help families enjoy their family time at the parade. We also gave out water bottles to help people deal with the heat. We raised \$342.01 in donations.



New citizens taking their oath

2025 Naturalization Ceremony

The club was invited to attend the Cumberland County Naturalization Ceremony at the Old Court House on June 13, 2025. Forty-one Cumberland County residents were sworn in as citizens of the United States. John & Susan Murray joined the other organizations at the ceremony to congratulate them for all their hard work. The courtroom was packed with friends and family members of the new citizens.

President Susan Murray provided a small bag to each new citizen containing a History of the Flag pamphlet, America's favorite Chocolate Chip cookies, and some stars and stripes Hershey's kisses. The children really seemed to love the chocolate.



Flag Recovery team



John Wain with Flags



Pushing the Flag cart

Flag Day Flags on the Square

In honor of Flag Day, American Flags lined the streets around the Square in Carlisle. Sunrise Rotary put out the Flags, and our club members retrieved the Flags in the evening. Bob Taylor organized the event and the other club volunteers were Bill & Jean Yufer, John & Susan Murray and John Wain. Since we were retiring the Flags during the No Kings Protest on the Square, some Sunrise Rotarians also helped gather the Flags.

GiveAKidAFlagToWave

On Jun 28, 2025, the Exchange Club of Carlisle passed out American Flags to children at the Carlisle SummerFair 2025 for the GiveaKidAFlagtoWave program. As families walked around the Summer Fair Craft Show, John Wain, and Dennis & Jody Nielsen gave out Flags.



John Wain and Dennis Nielsen passing out Flags



Club members passing out Flags



Part of the pinwheel decorating team



Children decorating pinwheels

Carlisle SummerFair Children's Stations

On Jun 28, 2025, the Exchange Club of Carlisle ran children's stations at the 2025 Carlisle Summerfair. Kids decorated pinwheels and played with bubbles. The kids had a great time at all the children's stations. We had the children make and decorate a pinwheel since it goes well our Blue Pinwheel Garden Project we ran in April. The bubble station made for a fun activity to attract children over to our stations which provided us with time to talk to the parents and to provide a fun break from just shopping. Susan Murray organized this event, and the others who helped were Jody Nielsen, John Murray, Jessie Murray, Kimmie (Murray) & Ellie Peregord, Jean Yufer, Bill Yufer, and Jody Nielsen.



Children playing with bubbles



Children and adults playing with bubbles



More children playing with bubbles



2025 DVSCP Annual Meeting Breakfast

On Jun 11, 2025, the Exchange Club of Carlisle was invited to the Domestic Violence Services of Cumberland and Perry Counties' Annual Meeting Breakfast. President Susan Murray and Treasurer John Murray represented the club at the meeting. Our club was recognized for our work with them this past year. In addition to our annual donation, we also ran the Blue Pinwheel program to raise money for their children's programs and provided Christmas gift bags for all the children in the shelters.



Demand Tougher Penalties for PFA Violations to Protect Victims

At the DVSCP Meeting, the speaker explained how the Protection from Abuse Orders (PFA) work. Even with them assisting in filing over 460 PFA's in the past year, there was still an increase of 15% in domestic violence deaths last year in PA. After the victim obtains a PFA, they are responsible for proving any violation. Then, the abuser usually can get 24-48 hours in jail, 6 months' probation and up to a \$300 fine each time.

They are requesting people sign an online petition to increase the punishment with each violation as an incentive to help make a PFA more effective.

For more information or to sign:

<https://chng.it/pN7M6HLWm9>



SPY Volunteers Needed till August 1

SPY has expanded. This year it includes 186 campers in Carlisle and 37 in Newville. Volunteers are needed to help make lunches, deliver lunches to one of 3 churches, and to serve the lunches. Please try to register for one or more days this summer if you are available. The online registration link is www.timetosignup.com/spy2025.

SPY Camp Help

There is still time to help with Supportive Partnership for Youth this summer. With close to 200 kids in multiple locations, serving lunch requires some assistance. They need people to help make the lunches at Carlisle United Methodist Church, transport the lunches to just one of the churches with other workers loading and unloading so no lifting is required, and serving the lunches. The children truly enjoy the lunches.

If you help, send Susan Murray a picture so we can include it with our other pictures of helping SPY. So far, Jean Yufer has helped make lunches. John & Susan Murray and Diane Blitz has served lunches.



Serving lunch to SPY Campers

Meetings



John Murray

June 10, 2025

Secretary John Murray put together a Year in Review PowerPoint covering all the activities the club did for the past year. It was a very busy year serving our community.



John Murray

June 24, 2025

Treasurer John Murray went over the results of the 2024 – 2025 Budget and then outlined the 2025 – 2026 Budget. The club helped many children last year and will continue to help many more children in the next year.

Participation Opportunities

Jul 4 (Sat) Fourth of July Flags on the Square Retreat

- 5:00 pm - Meet across the street from Market Cross Pub
- Retrieve, roll up, and store all the Flags in the room
- POC: Bob Taylor (taylorrh@pa.net / 717-440-4168)

Help with Flags is needed if you are in town.

Sep 9 (Tue) - Regular Meeting at Cumberland Crossings

- 6:00 pm - Social Time
- 6:30 pm - Presentation: President Susan Murray, The Year Ahead
- 7:00 pm - Dinner for \$20 per person (Free if not eating)
- 7:30 pm - Short Business Meeting

Mark Your Calendars

- Jul 4 (Sat) 5:00 pm - Fourth of July Flags on the Square
- Aug TBD - Picnic and Backpack collection
- Sep 9 (Tue) 5:30 pm - Board of Director's Meeting at Cumberland Crossings
- Sep 9 (Tue) 6:00 pm - Meeting at Cumberland Crossings
Presentation: President Susan Murray, The Year Ahead
- Sep 20 (Sat) 8:00 am - Holly Festival Day 2025 Children's Activity Station
2:00 pm

- Oct 14 (Tue) 6:00 pm - Meeting at Cumberland Crossings
Presentation: TBD
- Nov 11 (Tue) 4:15 pm - Girl Scout Flag Etiquette Class
- Nov 11 (Tue) 5:00 pm - Veteran's Flags on the Square
- Nov 18 (Tue) 6:00 pm - Meeting at Miseno's II (DATE CHANGED DUE TO VETERAN'S DAY)
Presentation: TBD

Our Report Card at National (Patches and Stars)

Details	Americanism	Community Service	Youth Program	Prevention of Child Abuse	Project Subtotal	Project Fundraising	Grand Total
# of Programs entered	6 -July 4 th Flags -Veteran's Day Flag -Girl Scout Flag Training -Flag Day Flags -Naturalization Ceremony	8 -Backpacks and Supplies -Labor Day Coffee Break -Holly Fest Day Craft -Park Cleanup -Trunk or Treat -Salvation Army Bell Ringing -Bunny Hop -Memorial Day Coffee Break	5 -SPY support -YOTY -ACE -Donation to SPY	4 -DVSCP shelter Christmas Gifts - Donation to DVSCP -Donation to National Exchange Club -Donation to Mid-Atlantic Exchange Club	23	3 -Fall Car Parking -Spring Car Parking -Ford Parade Hot Dog stand	26
Award - Patch Sent	2	2	3	1	8	1	9
Awards - Addl Stars	4	6	2	3	15	2	17
Exchange Children's Day Patch: ACHIEVED 6/28/2025							
National Day of Service Patch: ACHIEVED 10/7/2024							
National Service Award: ACHIEVED 1/30/2025							

A Few Words from the President . . .



We completed a very busy month participating in many community activities. We welcomed the 41 newest citizens at the Naturalization Ceremony, provided hot dogs and water bottles at the Ford Parade, and recovered the Flags lining the streets on Flag Day. We helped make SummerFair fun for families at the Craft Show by giving children American Flags, a play station for them to play with bubbles to break up the shopping, and a station for them to decorate their own pinwheel. Through all these activities, people learned about the Exchange Club.

At the DVSCP Annual Meeting, we learned that the Protection From Abuse Orders do not increase the punishment with every violation, so they are not very effective in preventing abusers from continuing to abuse their victims. There is a group trying to get the laws changed so that each additional violation will permit the judges to increase the punishment. The link for more information or to sign the petition online is included in the article above.

I would like to thank the Board of Directors for working hard last year and for volunteering to continue to work for another year. If anyone would like to help by being on the Board of Directors, we still have openings. We will only be meeting quarterly 30 minutes before a regular meeting.

Be safe in the heat and stay healthy,

Susan