



EXCHANGE

THE EXCHANGE CLUB OF CARLISLE, PA

Carlisle Exchangite November 2024

Exchange Club of Carlisle

Club Officers

President

Susan Murray

President-Elect

Vacant

Secretary

John Murray

Treasurer

John Murray

Immediate

Past President

Terry Young

Directors

Dennis Nielsen

Bob Taylor

Barrie Zais

Kim Truckenmiller

Vacant

Communications Director

Susan Murray

jdmii@pa.net

Webmaster

John Murray

Photographers

Bill Yufer



Find us on Facebook:
Exchange Club of Carlisle

www.ExchangeClubofCarlisle.org
www.NationalExchangeClub.org

P.O. Box 1037
Carlisle, PA 17013-6037

Exchangite of the Decade / Christmas Party

Bob Beard will be recognized as the Exchange Club of Carlisle's 2014 - 2024 Exchangite of the Decade on December 10, 2024 at 6:00 pm at the Carlisle Country Club. Friends, families and everyone in the community are encouraged to attend. Please register soon with the attached invitation or at [online](#).



Jim O'Connell, Susan Murray, and Mark Adler
Jim and Mark are from Blue Moon Cruisers



Dennis Nielsen, John Murray, Bob Taylor, and Ken Stoltz



Terry Young and Ken Stoltz

Car Show Parking

On October 3-5, 2024, the club provided a parking area for visitors to the Fall Carlisle Collector Car Flea Market, Corral and Auction. With all the rain for the extended period of days before the Auction, there was concern that the club would not be able to park cars in the park. However, the rain stopped in time, and we were able to use most the area for parking. Although there were

some areas too damp to use this year, we had enough help to rotate new cars into the spots as people left.

We did very well this year especially due to some of our returning loyal customers who could have parked at other locations. Totals for event:

	Wed Cars	Thu Cars	Fri Cars	Sat Cars	Total Cars	Collect
2022						\$2,282
2023	5	81	101	0	187	\$1,932
2024		121	156	9	286	\$2,937

A huge thank you goes out to John Murray for spearheading this event. Some of the volunteers worked multiple shifts to make this possible. We again had the help from of the Blue Moon Cruiser Rod & Custom Association from New Kingston, PA (Jim O'Connell and Mark Adler) supporting this event during our busiest shifts. The other club volunteers who worked at this event were Dennis & Jody Nielsen, Bill Yufer, Susan Murray, Rick Rovegno, Ken Stoltz, Bob Taylor, Wayne Shade and Terry Young.

Day of Service

For our National Day of Service this year, the club coordinated with the Carlisle Housing Authority/Cumberland County Housing Authority to clean up and make some repairs at the Authority's K Street Playground. Club members picked up trash and trimmed trees to make the park safer for the kids and to look more inviting. We repaired the nets on the two basketball goals. Plus, we had all 4 swings in working order which the children are enjoying. The club volunteers were Bill Yufer, John & Susan Murray, Dennis Nielsen, and Terry Young.



Fixing Swings



Fixing Basketball Nets



Trimming branches



Removing Trash



Susan & John Murray with Jean & Bill Yufer



John Murray giving out candy

Trunk or Treat

On October 26, 2024 the club hosted a station at the Community Trunk or Treat organized by the Carlisle United Methodist Church. We passed out candy to over 400 children. What a fun and safe event for the local children.

Are you 65 years or old?

Save money on your Exchange Membership with "Grouper"

Research shows that being active and enjoying time with friends is good for your health, so some health insurance supplement plans will pay you to stay involved. To see if your plan covers Grouper, try to register at HelloGrouper.com. If your plan participates, you will receive \$50 for registering and \$20 every 3 months you stay active with the Exchange Club. More information is attached to the newsletter.

Exclusive benefit for current National Exchange Club members 65+ in the U.S. with an eligible Medicare Advantage or Medicare Supplement plan.

Pass in Review



Louise Broujos

Louise Davis Broujos

May 1, 1927 - September 28, 2024

The most famous chocolate chip cookie maker in the world passed away peacefully of natural causes on September 28, 2024. Louise was the wife of our former member, Colonel John H. Broujos (US Marine Corps). She attended California University for her undergraduate degree and was most proud of her master's degree from the University of Pittsburgh.

Louise was a lifelong educator, teaching English at Dickinson College and then as a substitute teacher in the Carlisle Area School District for many years. She has spent the past few years living near her children in Pittsburgh.

Chocolate Chip Cookies

(Louise Broujos)

- | | |
|------------------------------|-----------------------|
| 4 sticks Margarine, softened | 1 tsp. Salt |
| 1 ½ C. Brown Sugar | 1 tsp. Baking Soda |
| 1 C. Sugar | 2 ½ C. more Flour |
| 2 Eggs | 3 ½ tsp. Vanilla |
| 2 ½ C. Flour | 12 oz. Chocolate Chip |

Preheat oven to 350. Beat for 2 – 3 minutes: Margarine, Brown Sugar, Sugar and Eggs. Stir in Flour. Then stir in salt and Baking Soda. Now stir in the additional More Flour. Dough consistency should be firm and not too sticky. Stir in Vanilla. Now stir in Chocolate Chips. Drop by rounded Tablespoons onto ungreased cookie sheet and bake for 10 – 12 minutes, until lightly browned. (Makes 3 ½ dozen cookies)

Meetings

October 8, 2024



President Susan Murray and Trooper Laviena

On October 8, 2024 PA State Police Trooper Angela Laviena gave a very informative presentation about the most common Scams currently taking place in PA. The main point that she mentioned was that if something seems too good to be true, it is probably a scam. If someone contacts you to get money to help your child or grandchild get out of jail or for a surgery, call to check on your relative instead of sending money because jails and hospitals will not call you to get payment in the form of gift cards.

Most importantly victims of a scam should report it. Most people are too embarrassed to report becoming a victim, so it is estimated that only about 16% of the cases get reported. If multiple people report the same types of scams, it increases the chances of stopping that particular scam.

October 22, 2024



Pat LaMarche and President Susan Murray

On October 22, 2024, Pat LaMarche gave a wonderful presentation about the Charles Bruce Foundation. This Foundation provides support to local writers, artists and musicians. They provide support to writers in the form of helping them get their books edited to illustrated to published. They provide support for getting artists and musicians the opportunities to be seen in public. Combining artists who make homemade blankets with a project to help homelessness, they have organized the collection of thousands of homemade blankets to the help the homeless. They display all the homemade blankets as a huge art display on the December 21, which is the longest night of the year. In 2021 they collected 417 blankets and displayed them on Dickinson College campus. They have collected thousands of blankets over the years. Who knows how many there will be to surround the Statue of Liberty in 2024.

The Foundation supports the writers and future readers and writers by donating books to children in such programs as the Supportive Partnership for Youth (SPY). Multiple studies have shown that if a child owns just 12 books at their home, they are 50% more likely to graduate high school.

Participation Opportunities

\$\$ Mid-Atlantic District Youth Programs \$\$

Our District has a sponsor to offer matching funds for any donations received through the end of December 2024.

The District needs financial support to continue to offer \$1,500 scholarships plus meals and accommodations for all the awardees to attend the convention. There is more information at the end of the newsletter.

Nov 11 (Mon) 5:00 pm - Flags on the Square Retrieval for Veteran's Day



- 5:00 pm - Meet across the street from Market Cross Pub
- Retrieve, roll up, and store all the flags in the room
- There will be some Girl Scouts helping
- POC: Bob Taylor (taylorrh@pa.net or 717-440-4168)



Nov 12 (Tue) - Regular Meeting at Miseno's II Pizzeria & Italian

- 6:00 pm - Social Time - Please order your dinner by 6:20 PM
- 6:30 pm - Presentation: AI Blitz about CommunityAid
- 7:00 pm - Dinner - order when arriving in the meeting room
- 7:30 pm - Short Business Meeting

Last meeting till January

Nov 16 (Sat) 9:00 am - Noon - District Convention on Zoom

- 9:00 am - Convention on Zoom
- All Members are invited to attend
- Zoom Link will be sent to the whole club

Mark Your Calendars

- Nov 11 (Mon) 5:00 pm - Flags on the Square retrieval for Veteran's Day
- Nov 12 (Tue) 6:00 pm - Meeting at Miseno's II
Presentation: AI Blitz about CommunityAid
- Nov 16 (Sat) 9:00 am - District Convention on Zoom
- Nov 19 (Tue) 2:00 pm - Board meeting at Miseno's II
- Dec 3 (Tue) 9am-9pm - Bell Ringing at Karns
- Dec 10 (Tue) 6:00 pm - Member Christmas Party
& Exchangite of the Decade
- Dec 17 (Tue) 2:00 pm - Board meeting at Miseno's II
- Dec 24 (Tue) - No Meeting

Miseno's II Night, full of fellowship

Bell Ringing Dec 3 9:00 am – 9:00 pm
- One-hour shifts
- Barrie Zais will send out Sign-up sheet soon

Our Report Card at National (Patches and Stars)

Details	Americanism	Community Service	Youth Program	Prevention of Child Abuse	Project Subtotal	Project Fundraising	Grand Total
# of Programs entered	1 -July 4 th Flags	5 -Backpacks and Supplies -Labor Day Coffee Break -Holly Fest Day Craft -Park Cleanup -Trunk or Treat			6	1	7
Award - Patch Sent	1	2			3	1	4
Awards - Addl Stars		3			3		3
Exchange Children's Day Patch: Not yet achieved (An event must be completed in June)							
National Day of Service Patch: ACHIEVED 10/7/2024							
National Service Award: Not yet achieved (Earn 1 patch in each of the 4 service areas and sponsors any 2 additional projects)							

A Few Words from the President . . .



September ended with lots and lots of rain, which made us concerned about being able to park cars for the Fall Auction and Car Show. However, the weather cleared up in time to help us have a great car parking event. We could not park in all the spaces that we had used in the past, but we had enough help to be able to rotate new cars into the spots as people left.

We had great attendance at both meetings in October which had wonderful speakers. November 12 is our last meeting of the year, so I hope we have great attendance at Miseno's II. Please remember to help retrieve the Flags on Veteran's Day, November 11, 2024 at 5:00 pm.

Finally, keep an eye out for the December 3rd Bell Ringing schedule which Barrie Zais will be sending out soon.

The Mid-Atlantic District Fall convention is being held by Zoom on November 16, 2024 at 9:00 am. Everyone should try to attend at least one convention, and with this being on Zoom it will not even require any driving. It is a great way to see what the other clubs in our Mid-Atlantic District are doing to help their communities. The Mid-Atlantic District would like to increase the amount of their Youth Scholarships, but they need more donations to do that. They are fortunate to have a donor who will match all donations made through the end of December to help these programs. Please use the form at the end of this newsletter to send in a donation or bring your donation to the November 12, 2024 meeting.

Please take time now to register for the Christmas Party if you have not already sent in your reservation. We are expecting great attendance since we will have the opportunity to recognize Bob Beard as our Exchangite of the Decade. Bob Beard worked tirelessly for much longer than the past decade keeping our budget in order as our treasurer.

Have a wonderful Thanksgiving,

Susan



Some parked Cars



Bob Taylor and Wayne Shade

Message from our Mid-Atlantic District President:

Mid-Atlantic District Exchange Members,

I would like to introduce myself. I am a member of the Erie Niagara Sunrise Exchange Club, and I have been a proud member since 1986. I have served as Club President on the Board of Directors and have chaired the 2016 and 2021 Healing field along with various other projects.

I look forward to working the clubs in our district to grow our membership and programs of service.

We need new members to help Exchange continue its 113 years of Community Service we have provided in our local communities. Our country needs Exchange.

My goals for this year are to grow Exchange in our district. First by helping to strengthen local clubs by providing resources and ideas to increase membership and second is by building 2 new clubs in our district.

Yours in Exchange,

Ron Sciandra
District President
716-316-0141



Mid-Atlantic Exchange Clubs Foundation

501(c)(3) organization

EIN: 23-2375779

Anne Marie Logue, CPA

Treasurer

loguexc@gmail.com

Dear Mid-Atlantic District Exchange Member,

The Mid-Atlantic Exchange Clubs Foundation is seeking sponsors to support our Youth of the Year and A.C.E. (Achieving the Challenge of Excellence) award scholarship recipients. Each year our local Exchange Clubs submit club award winners to the District level for a chance to receive a \$1,500 Youth scholarship and a \$1,500 ACE scholarship from the Mid-Atlantic Exchange Clubs Foundation. District winners are then eligible to compete for the National Youth and A.C.E. scholarships of \$15,000! What a great opportunity for our winners and their families!

The Foundation is a 501(c)(3) organization established in 1982 to provide support to child abuse prevention efforts and youth programs of the Mid-Atlantic District Exchange Clubs. The Mid-Atlantic District is comprised of local Exchange Clubs throughout Pennsylvania, Maryland, New York, and New Jersey. These scholarships are paid directly to the award winner's higher education institution. With increased support we will be able to consider an increase to these scholarship amounts at the district level.

Every dollar you donate will be restricted to the Youth and ACE award scholarships. We will accept a donation of any amount. We also encourage multi-year pledges which will allow us to plan for future scholarships. Please send donations to:

Mid-Atlantic Exchange Clubs Foundation
c/o Anne Marie Logue, Treasurer
12 Brethren Court Gettysburg, PA 17325

Please help us preserve these scholarships so our Youth may soar in the future! Thank you for your generosity!

Sincerely,

Anne Marie Logue, CPA

Treasurer

I pledge _____ for each of the next _____ years to support scholarships

Enclosed is my one-time contribution of \$_____.

Name: _____

Club: _____

THANK YOU FOR YOUR SUPPORT!!!

Life's Too Long Not to Belong

Research shows that being active and enjoying time with friends is good for your health. **The National Exchange Club** has partnered with Grouper to reward eligible members for staying socially active!



COMMUNITY SERVICE



LET YOUR HEALTH PLAN REWARD YOU FOR HAVING FUN WITH FRIENDS



SIGN UP ONLINE

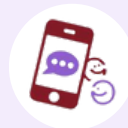
Sign up with your contact info and health plan ID

hellogrouper.com/exchange



GET PAID

Receive \$50 if your current plan has the Grouper benefit.



STAY ACTIVE

Earn \$20 every 3 months by reporting social activities.

To see if your plan covers the Grouper social fitness benefit, visit hellogrouper.com/exchange



EXCHANGE
THE NATIONAL EXCHANGE CLUB
America's Service Club

Grouper

Call (833) 906-1700 Email info@hellogrouper.com

Visit hellogrouper.com/exchange

Exclusive benefit for current National Exchange Club members 65+ in the U.S. with an eligible Medicare Advantage or Medicare Supplement plan.

Exchangite of the Decade Annual Christmas Party

Members, Families, Friends and Guests are all encouraged to attend the 2024 Christmas Dinner Celebration and Exchangite of the Decade Ceremony.



Help us
honor our

2014-2024
Exchangite
of the
Decade

Robert
Beard

Where: Carlisle Country Club
1242 Harrisburg Pike
Carlisle, PA 17013

When: Tuesday, December 10, 2024
Social 6:00 pm with waitress service cash bar
Dinner 6:30 pm

Dress: Holiday Festive

Cost: \$36 per Person
(Children's meal up through 9 years are free)

Dinner Buffet Menu:

Roast Beef	Chicken Parmesan
Mashed potatoes	Linguini in Red Sauce
Gravy	Green beans

Salad

Coffee, Tea and soft drinks

Register either online or mail in the form below with your check to John Murray (jdmii@pa.net).

1. Online registration with credit card: NO LATER THAN **TUESDAY, DECEMBER 3, 2024**
ONLINE LINK IS <https://www.zeffy.com/en-US/ticketing/9c1c2447-6668-4e10-9830-2ac5147e88cb>

2. Mail in registration with check: RECEIVED NO LATER THAN **TUESDAY, DECEMBER 3, 2024**

_____ @ \$36.00 = _____
Print Name No. of people Total on check

Please note the number of Children's meals and Dietary Restrictions (GF/ Vegan/Vegetarian)

Make check payable to **Exchange Club of Carlisle** and mail to:
John Murray
804 Wellington Dr.
Carlisle, PA 17013

